



Assignment 1: Blog Post on Professional Interview and Professional Resources

Learning Objective(s):

- To interact with professionals in your field
- To build interview skills
- To better understand professional resources and the role of emotions within your professional field

Core concepts/terms:

- Professionalism
- Emotional Intelligence
- Networking

Evaluation Criteria: You will be graded based on your demonstration of your ability to:

- Develop interview questions on professional resources and professional attitudes towards emotions within your given field
 - Compile professional resources
 - Demonstrate your understanding of professional resources for emotions within your field at three levels: personal emotions, in workplace settings, and when interacting with the public in a blog-style post of 500-700 words
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For this assignment, you will be asked to write a blog-style post of **500-700 words** as a result of independent research and an interview with a professional in your field. The content of your blog post should focus on the role of emotions within your given profession at three levels: your own emotions, emotions of colleagues and within workplace settings, and the public.

The steps for completing this assignment are to:

- Identify a professional in your field or a recent graduate working within the realm of hazard mitigation/climate change and ask them for an interview.
 - If you need assistance connecting with a professional, contact Ward, Kelly, or a professor in your field to identify potential interviewees.
- Using course readings, professional blog post examples, and guides on conducting “informational interviews” as guidance, develop interview questions about how emotions come up in their work and professional life, with attention to three different layers: personal emotions, emotions in the workplace and with colleagues, and emotions in working with the public.
- Support interview questions with research on professional organizational websites for further information including trainings, links, articles, blog posts, and other resources on emotions.

- Create blog-style post that could be shared on American Planning Association or own professional organization website, for your peers.

For guidance and examples of other professional blog posts, visit:

<https://www.planning.org/blog/>

For guides on conducting an “informational interview,” visit:

- <https://career.berkeley.edu/Info/InfoInterview>
- <https://career.berkeley.edu/Info/InfoQuestions>
- https://career.unca.edu/sites/default/files/documents/Job_Search_PDFs/Informational%20Interview%20Guide.pdf